

Percy Gresham

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College Station, Texas

Education

Ph.D. in Social and Personality Psychology

Expected 2027

Texas A&M University, College Station, TX

Advisor: Allegra Midgette, Ph.D.

B.S. in Psychology, Summa Cum Laude

2022

University of Alabama at Birmingham, Birmingham, AL

Honors Thesis: Association Between Social Behavior and Academic Outcomes in Adolescents

Advisor: Slyvie Mrug, Ph.D.

Global and Community Leadership Honors Program

GPA: 4.0

Manuscripts Under Review

Gresham, P., Fields, S. A., Beebe, E., & Smallman, R. (Under Review). *Understanding the effects of counterfactual thinking with protective behavioral strategies on healthy eating using the COM-B framework*. Under review at *Appetite*

Smallman, R., Arthur, K. A., De Leon, A., **Gresham, P.**, Dvorak, R., & Fields, S. (under review). *If I Would Have Done What They Do: A Randomized Controlled Trial of Counterfactual and Personalized Normative Feedback Interventions to Increase Safe Drinking Strategies*. Under review at *Psychology of Addictive Behaviors*.

Smallman, R., Arthur, K. A., De Leon, A., **Gresham, P.**, Dvorak, R., & Fields, S. (under review) *If only I could drink like everyone else: Effects of counterfactual thinking and personalized normative feedback on perceived behavioral control over drinking*. Under review at the *British Journal of Health Psychology*.

Fields, S., Arthur, K. A., Philip, S., **Gresham, P.**, Yehl, K., Kerr, D., Lee, F., Kalra, V., & Smallman, R. (under review). *Associations between Social Determinants of Health and Counterfactual Generation in Individuals Living with Diabetes in the United States*. Under review at the *Annals of Behavioral Medicine*

Manuscripts in Prep

Gresham, JD, Lewis, KA, Summers, SP, **Gresham, PE**, Earley, RL. (in preparation). *Outbreeding depression as a selective force on mixed mating in the mangrove rivulus fish, *Kryptolebias marmoratus**.

Conference Talks and Poster Presentations

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- Kalra, V., **Gresham, P.**, Fields, S., & Smallman, R. (2024, March 4) Counterfactual Intervention to Change Eating Intentions in Individuals with Diabetes. [Poster Presentation] PATHS-UP Advisory Board Site Visit, College Station, Texas
- Gresham, P.**, Smallman, R., and Fields, S. (2023, October 13) Healthy Eating, Counterfactual Thinking, and Protective Behavioral Strategies. [Poster Presentation] Texas A&M Psychology and Brain Sciences Second Year Poster Presentation, College Station, Texas.
- Gresham, P.**, Pai, A., Arthur, K., Smallman, R., & Fields, S. (2023, August 28). Effects of Counterfactual Thinking Intervention on Blood Glucose [Poster Presentation]. PATHS-UP Annual Industry Practitioners Advisory Board (IPAB) Meeting, Houston, Texas.
- Mitchell, D. G., Smith, A., **Gresham, P.**, Fields, S., Kum, H. C., Lawley, M., & Sasangohar, F. (2023, August 28) Understanding Patient Adherence Characteristics for Remote Monitoring: Interviews with Healthcare Providers. [Poster Presentation]. PATHS-UP Annual Industry Practitioners Advisory Board (IPAB) Meeting, Houston, Texas.
- Gresham, Percy.** (2022, April 18) Association Between Prosocial Behavior and Academic Performance in Adolescents. [Poster Presentation]. Undergraduate research exposition at the University of Alabama at Birmingham, Birmingham, Alabama
- Gresham, Percy** and Johnson, Zach. (2019, April 18-19) Perceptions of Queer Representation in the Media. [Poster Presentation]. Undergraduate research exposition at the University of Alabama at Birmingham
- Gresham, Percy** and Barth, Joan. (2018, May 13-18) Peer Group Influences on High School Girls' Interest in STEM. [Poster Presentation]. Intel International Science and Engineering Fair, Pittsburg, Pennsylvania.

Additional Research Experience

Graduate Research Assistant

May 2024 - Present

Texas A&M University, Moral Development Lab, Dr. Allegra Midgett

Graduate Research Assistant

August 2022 - May 2024

Texas A&M University, Social Cognition Lab, Dr. Rachel Smallman

- Designed and conducted a study testing the efficacy of a counterfactual-based intervention for healthy eating in college students
- Qualitative coding of counterfactual thoughts (i.e. if only something had been different) and transcripts of interviews with participants
- Coordinated research assistant schedules, training, and responsibilities
- Advised students on postgraduate plans, graduate school applications, and undergraduate research theses

Undergraduate Research Assistant

January 2021 – May 2022

University of Alabama at Birmingham Department of Psychology, Youth Development Lab, Dr. Sylvie Mrug

- Learned to administer and score standardized measures, input and organize collected data, and

coordinate with participants

- Honors Thesis: Association Between Prosocial Behavior and Academic Performance in Adolescents

Undergraduate Research Assistant

January 2019 – January 2020

University of Alabama at Birmingham Department of Psychology, Neuropathic Pain Lab, Dr. Zina Trost

- Research Assistant for a study quantifying the efficacy of an active versus passive virtual reality program to reduce neuropathic pain in spinal cord injury patients
- Tested and helped maintain virtual reality software, learned to administer and score standardized measures, set up virtual reality equipment, used SPSS to organize and analyze data

Undergraduate Research Assistant

Summers of 2015 - 2018

University of Alabama Department of Biological Sciences, Integrative Animal Behavior Laboratory, Dr. Ryan Earley

- Assisted a Ph.D. student with an experiment designed to evaluate the evolutionary benefit of reproduction by self-fertilization versus out-crossing in the mangrove rivulus fish
- Assisted in building experimental setup, measured specimens, checked for and collected fish eggs from habitats, measured and maintained constant salinities in treatment habitats, recorded and analyzed data

Senior Research: The Influence of Peer Groups on Female Interest in STEM Fields *April 2017 – May 2018*

University of Alabama Social Science Department, Dr. Joan Barth

- Led a study evaluating how peer opinions influence interest in STEM fields in high school-age girls
- Developed measures to use in the survey through focus groups, collected and analyzed data using the SASS statistical software, and used results to suggest real-world solutions to improve the interest of girls in STEM

Local Presentations

Graduate Student Panel for Undergraduate Teaching Scholars Program

- Texas A&M University | September 27, 2022
- Topic: Experiences getting into a psychology graduate program, pros and cons of gap years, and being a graduate student

Teaching Experience

Instructor of Record

Summer 2024

Psychology of Women (PBSI 300), Texas A&M University

- Collaborated with previous instructors to develop an engaging and informative 5-week course that was accessible to all students
- Developed and facilitated community-building activities to create a welcoming virtual classroom and encourage open discussions

- Created interesting in-class activities and discussions to promote the application and critical consideration of presented material
- Addressed student concerns about class structure, assignments, absences, and class content via email and Zoom
- Invited, collected, documented, and implemented student feedback about the content, structure, and scheduling of the class
- Utilized tools such as PollEverywhere, Zoom Surveys, and Canvas to gauge student understanding of course content

Graduate Teaching Assistant

Summer 2024

Research Methods and Design in Psychology (PBSI 302), Texas A&M University with Juan Balcazar

- Collaborated with other teaching assistants to coordinate lecture content, grading standards, and class structure
- Delivered lectures on how to conduct, analyze, and write up research in psychology

Graduate Teaching Assistant

Fall 2023 - Spring 2024

Undergraduate Teaching Scholars Program (PBSI 483), Texas A&M University with Dr. Rachel Smallman

- Collaborated with Dr. Smallman to create a curriculum that was more teaching-focused and emphasized relevant, but transferable, skills for TAs
- Designed and conducted discussion-based lectures on topics such as communication with students, mental health and preventing burnout, and public speaking and lecturing
- Scheduled and coordinated presentations from outside organizations such as the Aggie Honor Council, Career Center, and University Writing Center
- Scheduled, conducted, and edited video interviews with graduate students, professors, and professionals for a virtual interview library
- Implemented workshops on resumes/CVs, personal statements, and postgraduate plans
- Advised students on post-graduate plans, graduate school applications, resources for teaching assistants, and resources for students

Teaching Assistant

Summer 2020

Elementary Statistical Methods (PY216), University of Alabama at Birmingham with Dr. Gitendra Uswatte

- Researched successful methods for encouraging teamwork in a college setting to apply to class group assignments
- Collaborated with other teaching assistants to pilot test active learning exercises in an online classroom and suggest changes to better facilitate implementation
- Organized material into canvas modules and created quizzes

Tutor

Fall 2019

Elementary Statistical Methods (PY216), University of Alabama at Birmingham

- Tutored peers in statistical topics including how to conduct t-tests and analysis of variance by hand, as well as how to interpret the results of statistical tests
- Tutored peers on how to use SPSS statistical software to conduct statistical analysis and interpret the results

Work Experience

Resident Assistant

March 2020 – Present

- Examined common trends among residents and coordinated with other resident assistants to develop programs that fit the needs of our residents
- Engaged with and consulted residents to develop activities that foster a supportive and collaborative environment
- Aided other resident assistants in formulating solutions to problems, coordinating shift changes, and developing creative methods of engaging residents
- Mediated conflicts between residents as they arose and provided strategies and resources for addressing future conflicts
- Connected residents to campus and local resources to address concerns about health, academics, careers, and leisure

Peer Wellness Ambassador

August 2018 – March 2020

- Certified Peer Educator through the National Association of Student Personnel Administrators
- Collaborated to design and facilitate educational programs about improving and maintaining wellness for first-year students living in on-campus residence halls, provide one-on-one support and referrals to on-campus resources, maintain security and access control to residence hall

Honors and Awards

UAB Psychology Department Achievement Award

2022

Presidential Recognition Scholarship

Fall 2018 - Spring 2021

Presidential Honors List

Spring 2019 - Fall 2020

Certifications

Collaborative Institutional Training Initiative

- Human Research - IRB Training - Biomedical *February 2019*
- Human Research - IRB Training - Social and Behavioral *January 2020*
- CITI Good Clinical Practice *February 2019*

National Association of Student Personnel Administrators

- Certified Peer Educator *August 2018*

Affiliations

Member, Society for Personality and Social Psychology

July 2022 - Present